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[Exploring Our Dreams](#) Oct 22 2021 ? What do psychology and neuroscience tell us about our dreams? A dream researcher and practicing psychotherapist presents the science in a nontechnical Q&A format. The history of dream interpretation—from ancient Assyrian dream books to the theories of Carl Jung—is covered and one successful approach to dream studies is described: exploring the real-life incidents brought to mind by dreams and probing their meaning to the individual in an objective way.

[Dreams of the PROPHETS and the righteous](#) May 17 2021

Hypnosis Jun 05 2020 Although research and practice in hypnosis has seen unprecedented expansion, there has been a definite lack of inclusive and comprehensive surveys to aid the student and researcher. This collection of original chapters written by leading experimental investigators is the first work to offer a current state-of-the-art in hypnosis research. A compendium of the historical background, theories, issues, and trends in hypnosis, this volume represents all major experimental viewpoints while providing a virtual "who's who" in the field of hypnosis. The first two chapters (written by the editors) establish the current theoretical base of the field and review the historical background. Seventeen contributions focus directly on key aspects of present day hypnosis research. These contributions are organized as surveys of broad topic areas, descriptions in depth of individual investigator's programmatic lines of research, and reports on research within specific areas, especially those representing new viewpoints and holding promise for programmatic development. A final chapter develops questions for future research. Offering an inclusive survey of the field from its historical inceptions to its current and predictive state, this book presents many new ideas while updating established positions in research and theory. The vital areas covered in connection with hypnosis include: psychophysiology, creativity, dreams, imagination, suggestibility, simulator controls, cognitive activity, and ego-psychological theory. In addition there are chapters on hypnosis as a research method, the measurement of altered states of consciousness, and hypnotic programming techniques in psychological experiments. **Hypnosis: Research Developments and Perspectives** is written for researchers in hypnosis and clinical practitioners in medicine and psychology. The book will serve as a basic text in all courses in hypnosis at the graduate level.

[Dreams of Victory](#) Aug 08 2020 Few Civil War generals attracted as much debate and controversy as Pierre Gustav Toutant Beauregard. P. G. T. combined brilliance and charisma with arrogance and histrionics. He was a Catholic Creole in a society dominated by white Protestants, which made him appear exotic next to the likes of Albert Sidney Johnston and Robert E. Lee. He was reviled by Jefferson Davis and often mocked by Mary Chesnut in her diary. Yet, he was popular with his soldiers and subordinates. Outside of Lee, he was the South's most consistently successful commander, winning at Bull Run, defending Charleston in 1863, and defeating Benjamin Butler at Bermuda Hundred and Ulysses Grant and George Meade at Petersburg. Yet, he lived his life in the shadow of his one major defeat: Shiloh. Beauregard's career before and after the war was no less tumultuous than his Civil War record. He was born among the Creole elite of Louisiana, but rejected the life of a planter in favor of the military, inspired by tales of Napoléon. He was considered a shining light of the antebellum army and performed superbly in the Mexican-American War. Yet, he complained about a lack of promotion and made a frustrating stab at being mayor of New Orleans in 1858. After the war, he was a successful railroad executive and took a stand against racism, violence, and corruption during the Reconstruction. Yet, he was ousted from both railroads he oversaw and his foray into Reconstruction politics came to naught. Although he provided for his family and left them a hefty sum after his death, the money was mostly gained by working for the corrupt Louisiana Lottery. In *Dreams of Victory: General P. G. T. Beauregard in the Civil War*, Sean Michael Chick explores a life of contradictions and dreams unrealized—the first real hero of the Confederacy who sometimes proved to be his own worst enemy.

[Das Dritte Reich des Traums](#) May 29 2022 Charlotte Beradt, die als Journalistin in Berlin arbeitete, wurde ab 1933 nicht mehr beschäftigt, floh 1939 nach England und 1940 weiter nach New York. Charlotte Beradt sammelte Träume, die zwischen 1933 und 1939 geträumt wurden, und befragte dazu Menschen ihrer Umgebung: Schneiderin, Nachbar, Tante, Milchmann, den

befreundeten Unternehmer, den Arzt ... Fünfzig „von der Diktatur diktierte Träume“ hat sie in ihren 1966 erstmals erschienenen Klassiker der Traumdokumentation aufgenommen. Eine erste Auswahl, 1943 in einer amerikanischen Zeitschrift erschienen, begann mit den Sätzen: „Ich erwachte schweißgebadet, mit zusammengebissenen Zähnen. Wieder, wie in zahllosen Nächten davor, war ich in einem Traum von einem Ort zum nächsten und immer weiter gejagt worden – angeschossen, gefoltert, skalpiert. Aber in dieser Nacht kam mir in den Sinn, daß ich wohl nicht die einzige unter Abertausenden war, die durch die Diktatur zu solchen Träumen verurteilt wurde. Was meine Träume beherrschte, mußte auch ihre beherrschen – atemlose Flucht über Felder, Versteck auf schwindelerregend hohen Türmen, Sichverkriechen in Gräbern, die SS-Männer stets auf den Fersen. Ich begann, andere Leute nach ihren Träumen zu befragen.“

The Book of Dreams and Ghosts Oct 29 2019 The nature of things and of men has fortunately made this method at once easy obvious and scientific. Even in the rather fantastic realm of ghosts the stories fall into regular groups advancing in difficulty like exercises in music or in a foreign language.

The Top 100 Dreams Nov 03 2022 Learn to speak the language of your dreams... We all dream, but our dreams often seem to be bizarre and confusing experiences that make little sense to us, no matter how much we try to analyse them. The key to understanding our dreams is looking beyond individual symbols and being able to see the bigger picture in the stories that we choose to create every night. There are 100 of these dream themes that are consistently reported by dreamers everywhere in the world, regardless of country or culture. These top 100 dreams appear again and again because they reflect fundamental life patterns. By recognising them, you will begin to achieve a much deeper understanding of your dreams and yourself. The Top 100 Dreams explains why you dream them, and suggests how you can use them to help you realise your most cherished hopes and aspirations in everyday life.

The Healing Power of Dreams Feb 23 2022 My dreams were instrumental in encouraging me to continue on my quest, guiding me along and giving me validations when I was feeling doubtful. By going deeper into that place within, I was able to find inner peace and discover the diamonds in the treasure chest of my soul. Through dreaming, journaling and analyzing, I was able to fully understand my soul's purpose, and I was able to find forgiveness where I thought none was needed. Within *The Healing Power of Dreams* are tips and suggestions to assist you in achieving dream recall so you can receive vital information, solve conflicts, and heal your life. As you continue to recall your dreams, not only will answers be revealed to you but you will learn more about yourself, your aspirations, your dreams, and your desires. As you open your heart to heal your life, life itself begins to unfold exposing more aspects of you that you didn't know existed. When you unlock the immense power of love within you, you begin to evolve into more of who you were truly meant to be a great magnificent being. Your past can not be ignored, avoided, or pushed aside because it is a part of who you are. All your life experiences and lessons along the way have brought you to this point in your life. As you no longer refuse to face your past, you are releasing the pain of the past and discovering the diamonds in the treasure chest of your soul.

Dialecticoma Dreaming May 05 2020 Dialecticoma Dreaming is a journey into the imagination of dreams and philosophical minefields. The book brings together a small number of short stories that have been inspired by my dreams.

Dreams in Group Psychotherapy Jan 25 2022 Dreams told in the group are conjoint individual and group creations. They are both influenced by the group atmosphere and may in turn influence it and the individual, promoting change and development. Dreams have a deepening effect on therapeutic work and, due to their unconscious content, they may represent the most authentic exchange between individual and group. This state-of-the-art book provides help for therapists encountering a dream told in their group. It covers the major theoretical perspectives for their understanding, as well as representing different psychological schools and their approaches to the technical issues of group dream therapy. Despite the variety of sources, the clinical approaches described complement each other, and the book details many case studies, including a first dream in the group, an unconscious meeting between women and men, and other polarities within the individual and the group.

Dreams and Due Diligence Jun 25 2019 Dreams and Due Diligence vividly chronicles the work of two researchers who made medical history – two men who possessed exactly the right complementary talents to achieve greatness and win nearly every award available in medical research.

Tanz ins große Glück Mar 15 2021 Tanzen ist Ruth Bannions große Leidenschaft und ihr ganzes Leben. Die junge Frau hat vor sechs Jahren ihre Eltern verloren. Das New Yorker Ballett ist ihre neue Heimat geworden. Unter dem künstlerischen Leiter Nick hat sie sich zur Primaballerina entwickelt. Das nächste Stück soll sie ausgerechnet mit ihm tanzen. Der charismatische Mann verwirrt sie mit einer Mischung aus perfekter Harmonie und unbedingtem Perfektionswillen, dem er alles andere unterordnet. Auch Ruth hat ihren Dickkopf. Können ihre Gefühle die gemeinsame Arbeit überstehen und umgekehrt?

The Interpretation of Dreams Jan 31 2020 The Interpretation of Dreams is an 1899 book by psychoanalyst Sigmund Freud, in which Freud introduces his theory of the unconscious with respect to dream interpretation, and discusses what would later become the theory of the Oedipus complex.

Dreams in Myth, Medicine, and Movies Nov 22 2021 Shows how dreams have been revered as therapeutic tools, religious revelations, creativity catalysts, sexual symbols, medical miracles, introspective insights, and meaningful memories, or just dismissed as biological blips and even feared as signs of demonic damnation.

Dreams and Healing Aug 20 2021 A detailed and comprehensive examination of dreams, following the courses of the series of dreams of a young university student and a middle-aged woman. Describes the unfolding of these dreams and relates them to the lives of the two individuals. Presents dreams as a wealth of creative possibilities, locked in the unconscious, on which we can draw by learning to understand and relate them to our lives.

Wilderness of Dreams, The Sep 01 2022 This interdisciplinary study of the religious dimensions of dreams shows how modern dream research supports and enriches our understanding of religiously meaningful dreams. The Wilderness of Dreams does four things that no other work on dreams has done. First, it surveys the whole range of modern dream research—not just the work of depth psychologists and neuroscientists, but also the findings of anthropologists, content analysts, cognitive psychologists, creative artists, and lucid dreaming researchers. Second, it draws upon

new advances in hermeneutic philosophy in order to clarify basic questions about how to interpret dreams. Third, it develops a careful, well-grounded notion of religious meaning—the “root metaphor” concept—to show that seeking religious meanings in dreams is not mere superstition. And fourth, the book reflects on the question of why modern Westerners are so interested in affirming, or debunking, the idea that dreams have religious meanings.

Dreams in the African Literature Apr 27 2022 "This is a substantial contribution to the understanding of an important aspect of African Christianity; the place of dreams in daily life, and their significance as interpreted by a representative body of African Christians ..."--Andrew Walls.

Dreams of Leaving and Remaining Jul 07 2020 The anatomy of Britain on the edge of Brexit, by Orwell Prize winning journalist Since Britain's 2016 referendum on EU membership, the nation has been profoundly split: one side fantasizing that the referendum will never be acted upon, the other entrenched in questionable assumptions about reclaimed sovereignty and independence. Underlying the cleavage are primal myths, deeper histories, and political folk-legends. James Meek, “the George Orwell of our times,” goes in search of the stories and consequences arising out of a nation's alienation from itself. In *Dreams of Leaving and Remaining*, Meek meets farmers and fishermen intent on exiting the EU despite the loss of protections they will incur. He reports on a Cadbury's factory shut down and moved to Poland in the name of free market economics, exploring the impact on the local community left behind. He charts how the NHS is coping with the twin burdens of austerity and an aging population. *Dreams of Leaving and Remaining* is urgent reporting from one of Britain's finest journalists. James Meek asks what we can recover from the debris of an old nation as we head towards new horizons, and what we must leave behind. There are no easy answers, and what he creates instead is a masterly portrait of an anxious, troubled nation.

Dreams in seventeenth-century English literature Dec 24 2021

Dreams Within Dreams Sep 28 2019

Das Traumbuch Jun 29 2022 Nur kurz nachdem Henri Skinner einem Mädchen das Leben rettet, wird seines zum Stillstand gebracht: Der ehemalige Kriegsreporter wird auf einer Themse-Brücke angefahren und schwer verletzt. Sam – sein hochbegabter, 13-jähriger Sohn, den Henri bisher nie traf – wacht nun jeden Tag am Bett seines unbekanntes Vaters. Bei ihm ist auch Eddie Tomlin, Londoner Verlegerin phantastischer Geschichten, die sich ihrer verdrängten, unmöglichen Liebe zu Henri stellen muss – doch wie spricht man mit jemandem, der in sich selbst eingeschlossen ist? Während dieser 42 Tage, in der Henri an der unerforschten Grenze zwischen Sein und Nicht-mehr-Sein, in der Zwischenwelt von Leben, Traum und Tod um sein Erwachen ringt, wird Eddie über sich hinaus wachsen. Und Sam? Wird ein Stück weiterwachsen – denn er verliebt sich zum ersten Mal ...

Dreams with Sweet Deceit Jul 27 2019 In *Dreams and Sweet Deceit*, Milana L. Walter weaves the pursuit of dreams, the law of attraction and life's interruptions through a zigzag path of tests and triumphs. This is Garbo Madrid's Wyatt's story, a smart determined, navie - African-American woman.

1,000 Ideas by 100 Manga Artists Nov 10 2020 One hundred artists, including professional manga creators and other manga-influenced illustrators and fine artists, provide answers to interview questions, with an illustration selected by the artist to accompany each answer.

The Complete A to Z Dictionary of Dreams Nov 30 2019 If you've ever woken up thinking ‘What was that about?’ this fascinating dream dictionary with over 12,000 definitions will explain everything and help you become your own dream expert. Written by highly respected Dream Psychologist Ian Wallace, this comprehensive guide will help you interpret the imagery you see in your dreams and analyse the hidden meaning and messages within them. By exploring your dreams in this way, you'll reach a deeper understanding of what you really want in life – and work out how to achieve it. Whether you dream about flying above canyons, your teeth dropping out, missing the bus or standing naked in a crowded room, Ian will help you understand what your unconscious is trying to tell you and how you can use your dreams to help you live a rich and fulfilled life. After all, dream is just a dream until you put it into action...

100 Dreams and Their Biblical Interpretations Oct 02 2022 Sometimes you have a dream and when you wake up, you thank God "it was just a dream." God uses dreams to reveal what is going on in the spiritual realm of one's life. Dreams often reveal things that we may physically be unaware. When you have a dream, ignoring it does not solve the problem. God uses dreams to guide us to we make correct decisions in our lives. He also uses dreams to warn us if something bad was going to happen so we can pray and change it. More importantly, God uses dreams to reveal His purpose in our lives. Every dream has a purpose and interpretation. For instance, when you dream you are eating, being chased by people, driving a car, taking exams, being in a place you have never been, being in a place you know or used to live, etc; God is directing speaking to you things that are going on in your life. The Bible has answers to all these dreams and many others. This book will reveal God's word to you in a personal level because interpretations of dreams are personal and are based on God's message to you

Meraner Zeitung Jan 13 2021

Dreams and Visions Aug 27 2019 Here Bill Huebsch offers a blueprint for how to bring the dreams and visions for a GREAT parish to fruition. He shows parish leaders and ministers how to move in the direction of lifelong faith formation by offering adults in the parish powerful conversion experiences (particularly through parish-based retreats and intergenerational Faith Gatherings). He also offers a clear and consistent plan for step-by-step growth, with special emphasis on excellent liturgies, strong and effective catechist and teacher formation, and developing households of faith. In this definitive guide, he not only shows parishes how to get started but also how to keep going until lifelong faith formation is a reality.

The Psychic Power of Your Dreams: Practical Skills For Working With Your Dreams For Insight, Information, Creativity And A Better Life Jun 17 2021 Your dreams are the doorway to your psychic self. We are all psychic- and dreams are the way most of us first get in touch with our intuition. Dreams bypass blocks and judgment, and put us in contact with our natural inner wisdom. It's easy- and this book will teach you how. You'll learn: The types of dreams, (Which one are you having?) How to remember your dreams, A simple way to interpret your personal dreams, How to dream to access your psychic ability, How to deal with problem dreams, And much, much more. Awaken your own psychic gifts through your dreams. This book will show you how.

Big Dreams Jul 19 2021 'Big dreams' are rare but extremely vivid forms of dreaming that make a strong, lasting impact on waking consciousness. Experiences of big dreaming have played

prominent roles in religious and cultural traditions throughout history. This book provides an original, evidence-based analysis of big dreams drawing on research from cognitive science and the comparative history of religions. The goal is to shed new light on the classic theory of Nietzsche, Tylor, and others that the origins of religion can be found in dreaming. -- Provided by publisher. *Finding Meaning in Dreams* Jul 31 2022 Distinguished psychologist G. William Domhoff brings together-for the first time-all the necessary tools needed to perform quantitative studies of dream content using the rigorous system developed by Calvin S. Hall and Robert van de Castle. The book contains a comprehensive review of the literature, detailed coding rules, normative findings, and statistical tables.

Dreams Mar 03 2020 Author, psychiatrist and scholar, painter, world traveler, and above all visionary dreamer, Carl Jung was one of the great figures of the twentieth century. A comprehensive compilation of his work on dreams, this popular book is without parallel. Skilfully weaving a narrative that encompasses all of his major themes - mysticism, religion, culture and symbolism - Jung brings a wealth of allusion to the collection. He identifies such issues as the filmic quality of some dreams, and the differences between 'personal dreams' - dreams that exist on the individual level - and 'big dreams' - dreams that we all experience, that come from the collective unconscious. *Dreams* provides the perfect introduction to his concepts to those unfamiliar with Jung's work. Perfectly illuminating his user-friendly approach to life, *Dreams* is the ideal addition to any Jung collection.

Dreams and Modernity Apr 03 2020 *Dreams and Modernity: A Cultural History* explores the dream as a distinctively modern object of inquiry and as a fundamental aspect of identity and culture in the nineteenth and early twentieth century. While dreams have been a sustained object of fascination from the ancient world to the present, what sets this period apart is the unprecedented interest in dream writing and interpretation in the psychological sciences, and the migration of these ideas into a wide range of cultural disciplines and practices. Authors Helen Groth and Natalya Lusty examine how the intensification and cross-fertilization of ideas about dreams in this period became a catalyst for new kinds of networks of knowledge across aesthetic, psychological, philosophical and vernacular domains. In uncovering a complex and diverse archive, *Dreams and Modernity* reveals how the explosion of interest in dreams informed the psychic, imaginative and intimate life of the modern subject. Individual chapters in the book explore popular traditions of dream interpretation in the 19th century; the archival impetus of dream research in this period, including the Society for Psychical Research and the Mass Observation movement; and the reception and extension of Freud's dream book in Britain in the early decades of the twentieth century. This engaging interdisciplinary book will appeal to both scholars and upper level students of cultural studies, cultural history, Victorian studies, literary studies, gender studies and modernist studies.

A Guide to the World of Dreams Sep 20 2021 In *A Guide to the World of Dreams*, Ole Vedfelt presents an in-depth look at dreams in psychotherapy, counselling and self-help, and offers an overview of current clinical knowledge and scientific research, including contemporary neuroscience. This book describes essential aspects of Jungian, psychoanalytic, existential, experiential and cognitive approaches to dreams and dreaming, and explores dreams in sleep laboratories, neuroscience and contemporary theories of dream cognition. Vedfelt clearly and effectively describes ten core qualities of dreams, and delineates a resource-oriented step-by-step manual for dreamwork at varying levels of expertise. For each core quality, key learning outcomes are clarified and resource-oriented, creative and motivating exercises for practical dreamwork are spelled out, providing clear and manageable methods. *A Guide to the World of Dreams* also introduces a new cybernetic theory of dreams as intelligent, unconscious information processing, and integrates contemporary clinical research into this theory. The book even includes a wealth of engaging examples from the author's lifelong practical experience with all levels and facets of dreamwork. Vedfelt's seminal work is essential reading for psychotherapists, psychologists, counsellors, and even psychiatrists, and could well be a fundamental textbook for courses at high schools, colleges, universities and even in adult-education classes. The book's transparent method and real-life examples will inspire individuals all over the world who seek self-help or self-development – any reader will be captivated to discover how knowledge of dreams stimulates creativity in everyday life and even in professional life.

Dreams and Professional Personhood Feb 11 2021 Two community mental health centers in the Northeastern United States form the setting for this ethnographic study of dreams, dream telling, and dream interpretation. To gather information about American attitudes toward dreams and dream telling, the author observed and interviewed employees of these centers: social workers, psychologists, nurses, psychiatrists, secretaries, and medical technicians. The issues that emerge from the interviews are analyzed and clarified by exploring Western understandings of the concepts of person and self, and of professional personhood—the capacities and responsibilities ascribed to you by yourself and others in your milieu as professionals. The book also contains a comprehensive literature review of the research on dreams and an appendix of narrative statements made by informants on their dreams, their work, and their relationships.

Histories of Dreams and Dreaming Sep 08 2020 In the late nineteenth century, dreams became the subject of scientific study for the first time, after thousands of years of being considered a primarily spiritual phenomenon. Before Freud and the rise of psychoanalytic interpretation as the dominant mode of studying dreams, an international group of physicians, physiologists, and psychiatrists pioneered scientific models of dreaming. Collecting data from interviews, structured observation, surveys, and their own dream diaries, these scholars produced a large body of early research on the sleeping brain in the late nineteenth and early twentieth centuries. This book uncovers an array of case studies from this overlooked period of dream scholarship. With contributors working across the disciplines of psychology, history, literature, and cultural studies, it highlights continuities and ruptures in the history of scientific inquiry into dreams.

Decode Your Dreams Mar 27 2022 Discover the power of dreams, gain the tools to decode them and be inspired to take meaningful actions in waking life to make these come true with renowned psychologist Ian Wallace. You create and encode your dreams to process your emotions and intentions, so the best person to decode them is you. First equip yourself with tips and tricks to remembering them and unpacking their significance. Next, dig into the detail with over 90 dream scenarios. Finally, connect your dreams to waking-life truths to grow self-awareness and address deep-seated desires, fears and intentions – the key to manifesting your goals and realising your potential.

Decoding Your Dreams of Money, Luck and Success Oct 10 2020 Dreaming is something that everyone experiences. This book is your guide to understanding your dreams and what they mean.

This book was originally a compilation of newspaper columns featuring dreams submitted to me by my readers and my interpretation of their dreams. Being that there were well over 100 dreams in the collection, I chose to make this into three separate books broken down by category. This book, the third in a three-part series, is all about money, luck and success. I have used real-life dreams from actual readers to illustrate my points and my interpretations of these dreams. There will also be exercises for you, the reader, to give personal meaning to your dreams and decode the messages from your subconscious mind.

Dreams of a Totalitarian Utopia Jan 01 2020 While these authors' political inclinations are well known and much discussed, previous studies have failed to adequately analyse the surrounding political circumstances that informed the specific utopian aspirations in each writer's works. Balancing a thorough knowledge of their works with an understanding of the political climate of the early twentieth century, Leon Surette provides new insights into the motivations and development of each writer's respective political postures. *Dreams of a Totalitarian Utopia* examines their political commentary and their correspondence with each other from 1910s to the 1950s. Contextualizing their political thought in a world troubled by two world wars, the Great Depression, and the Bolshevik Revolution, Surette traces their shared concerns and the divergent responses of each of these figures in the historical moment to the risk they perceived of democracies becoming the pawns of commercial and industrial elites, leading to war and mindless consumerism. They all leaned toward autocratic solutions, though Pound and Lewis eventually admitted their error.

El Top 100 de los Suenos: Cuales Son los Suenos Que Todos Compartimos y Que Es Lo Que Realmente Significan? = Top 100 Dreams Apr 15 2021 We all dream, but our dreams often seem to be bizarre and confusing experiences that make little sense to us, no matter how much we try to analyze them. The key to understanding our dreams is looking beyond individual symbols and being able to see the bigger picture in the stories that we choose to create every night. There are 100 of these dream themes that are consistently reported by dreamers everywhere in the world, regardless of country or culture. These top 100 dreams appear again and again because they reflect fundamental life patterns. By recognizing them, you will begin to achieve a much deeper understanding of your dreams and yourself. This book describes the 100-most common dreams; it explains why you dream them and suggests how you can use them to help you realize your most cherished hopes and aspirations in everyday life. Each dream is methodically interpreted and linked to a perfectly explained real-life situation. Ian Wallace proposes a way to improve each aspect of our lives based on what we dreamt the night before.

Dreams and Experience in Classical Antiquity Dec 12 2020 From the Iliad to Aristophanes, from the gospel of Matthew to Augustine, Greek and Latin texts are constellated with descriptive images of dreams. Some are formulaic, others intensely vivid. The best ancient minds—Plato, Aristotle, the physician Galen, and others—struggled to understand the meaning of dreams. With *Dreams and Experience in Classical Antiquity* the renowned ancient historian William Harris turns his attention to oneiric matters. This cultural history of dreams in antiquity draws on both contemporary post-Freudian science and careful critiques of the ancient texts. Harris traces the history of characteristic forms of dream-description and relates them both to the ancient experience of dreaming and to literary and religious imperatives. He analyzes the nuances of Greek and Roman belief in the truth-telling potential of dreams, and in a final chapter offers an assessment of ancient attempts to understand dreams naturalistically. How did dreaming culture evolve from Homer's time to late antiquity? What did these dreams signify? And how do we read and understand ancient dreams through modern eyes? Harris takes an elusive subject and writes about it with rigor and precision, reminding us of specificities, contexts, and changing attitudes through history.